

# 2 Serve Breakfast Meals

## Meals & Ingredient List

Each Packet Contains Approximately 2 Serves



Food	Ingredients & Allergens
<b>Yoghurt &amp; Muesli</b>	<p>Crunchy, wholesome muesli with strawberry yoghurt and apples.</p> <p><b>INGREDIENTS</b> MUESLI (63%) (OATS (OATS, BROWN SUGAR, HONEY), WHEATFLAKES (WHOLEGRAIN WHEAT, SALT, MALT EXTRACT), SUGAR, CANOLA OIL (CONTAINS ANTIOXIDANT (319), ANTIFOAMING AGENT (900A)), RAISINS, SULTANAS, APRICOT (CONTAINS PRESERVATIVE (220)), PUMPKIN SEEDS, COCONUT (CONTAINS PRESERVATIVE (223))), YOGHURT (22%) (MILK SOLIDS, SUGAR, CREAM, STRAWBERRIES, THICKENER (1442), GELATINE, FLAVOUR (120), ENZYME (LACTASE), CULTURES, MINERAL, ACIDITY REGULATORS (330, 332), PRESERVATIVE (202)), MILK POWDER (MILK POWDER, EMULSIFIER (322)), APPLE (APPLE, ANTIOXIDANT (300), FIRMING AGENT (509))</p> <p><b>ALLERGENS</b> CONTAINS WHEAT, BARLEY, OATS, MILK, SOYBEANS, SULPHITES</p>
<b>Porridge Supreme</b>	<p>Wholesome pre-cooked porridge with dried fruit and raw sugar sachet.</p> <p><b>INGREDIENTS</b> OATS (58%), MILK POWDER (MILK POWDER, EMULSIFIER (322)), SUGAR, RAISINS (RAISINS, VEGETABLE OIL), APPLE (APPLE, PRESERVATIVE (223)), APRICOT (CONTAINS PRESERVATIVE (220)), CANOLA OIL (CONTAINS ANTIOXIDANT (319), ANTIFOAMING AGENT (900A))</p> <p><b>ALLERGENS</b> CONTAINS OATS, MILK, SOYBEANS, SULPHITES</p>